

1st Sergeant Kevin A. Dupont Memorial Middle School



**June 2018
Newsletter**

ALBANIAN

Nëse keni vështirësi për ta kuptuar këtë dokument,
lutemi kontaktoni drejtorin/shkollën e fëmijës suaj.

ARABIC

إن وجدت أية صعوبة في فهم هذه الوثيقة، يرجى الاتصال بمدرسة طفلك أو بمديرها.

CHINESE

如閣下理解本文件有困难，
请与閣下子女的学校 / 校长联络。

FRENCH

Si vous rencontrez des difficultés pour comprendre ce document, veuillez contacter le principal ou l'école de votre enfant.

JAPANESE

本文についてわかりにくい点がありましたら、
お子様の学校あるいは校長までご連絡ください。

KOREAN

이 문서를 이해하는데 힘든 점이 있으면
자녀의 학교나 학교장에게 문의해 주시기
바랍니다.

POLISH

Jeśli masz trudności ze zrozumieniem tego dokumentu,
skontaktuj się ze szkołą Twojego dziecka lub jej dyrektorem.

PORTUGUESE

Caso haja problemas na compreensão deste documento, entre em contato com a diretoria da escola de seu/sau filho/a.

RUSSIAN

Если у вас возникают трудности с пониманием данного документа, пожалуйста, обратитесь к директору школы, в которой учится ваш ребенок.

SPANISH

Si tiene dificultad para entender este documento, contacte al director o a la escuela de su hijo.

UKRAINIAN

Якщо у вас виникають труднощі з розумінням цього документу, будь ласка, зверніться до директора школи, в якій навчається ваша дитина.

URDU

اگر آپ کو اس دستاویز کو سمجھنے میں دشواری ہے، تو
برائے
مہربانی اپنے بچے کے سکول/پرنسپل سے رابطہ کریں۔

AMESEVIETN

Nếu quý vị gặp khó khăn để hiểu văn bản này,
xin vui lòng
liên hệ với trường/hiệu trưởng của con quý vị.

English Translation, "If you have difficulty understanding this document,
please contact your child's school/principal."



From the Principal's Pen....

It's hard to believe that another school year is coming to a close. Along with the end of the school year comes a number of grade level field trips, so please refer to the school calendar for specific dates, times, and destinations. The teachers and staff at Dupont have worked hard and are still working hard to plan memorable field trips and events for your child. I appreciate and thank them for their tireless efforts. I would be remiss if I didn't thank the PTO at Dupont for all their hard work raising money to help fund our school field trips.

This year marked the seventh year that the school district's annual Techno-Fair will be open to middle school students (grade 7 only). All student science projects were judged by teachers within the district, and the winners from our school based science fair will move on to the district wide Techno Fair at CCHS on June 12th. Students have been working hard on their projects and are excited to show them off. I am so proud of all of our grade 7 students for their effort and hard work.

As a reminder, if any family has intentions of moving or enrolling in another school, please let the main office know as soon as possible. Doing so will allow for an easier transition for you and your child, as well as help our school determine our student population for each grade for the 2018-2019 school year.

During the summer our office hours will change. The office will be open every Tuesday, Wednesday, and Thursday from 9:00 – 1:00pm for enrollments. If there is something you need, but are unable to come to the office during those hours, don't hesitate to call or email me personally at ktheriault@cpsge.org. You can also email Mrs. Barnes, the head secretary, at nbarnes@cpsge.org. Beginning on August 15th the main office will resume its normal operating hours.

I have been very fortunate to serve as principal for you and your children. It's a position that I take very seriously and I work hard to ensure that your children receive the best education possible. I feel confident in saying that the staff, teachers, and administrators at Dupont worked diligently each day to provide your children with a world class educational experience. Everyone at Dupont looks forward to continuing to serve your children and our community at 1st Sergeant Kevin A. Dupont Memorial Middle School in the 2018-2019 school year.

I hope you have a safe and happy summer. See you at the end of August.

Kristopher Theriault, Principal

1st Sergeant Kevin A. Dupont Memorial Middle School



DMMS

STUDENTS OF THE MONTH

May

Harvard

Adrianna Burgos

Giana Garcia

Yale

Neftali Romero

Aiden Wallace

Dartmouth

Rylie Cavanaugh

Aurelia Dunlap

Isaiab Santiago

Cornell

Aidan Coulombe

Julianna Giec

Princeton

Indiana Kingsley

Cameron Foe

Columbia

Daniel Zimowski

Jaenedy Alcantra

Nurse *Notes*

SUMMER HEALTH

For tweens/teens, the summer months often include more time outdoors, being involved in outdoor activities. For parents/guardians, this means becoming more vigilant in order to keep your child safe and healthy. Here are some areas to focus on to ensure a fun and healthy summertime season.

Walking and biking safety are critical. Be sure that children who are still young have the proper adult supervision around roads and that older children are aware of properly crossing a street and using cross walks. Make sure your tween/teen wears a properly fitting helmet when riding a bike, scooter, or skate board. Middle schoolers also need to be aware of stranger safety, and parents need to be vigilant as to knowing about the peers their child is spending time with.

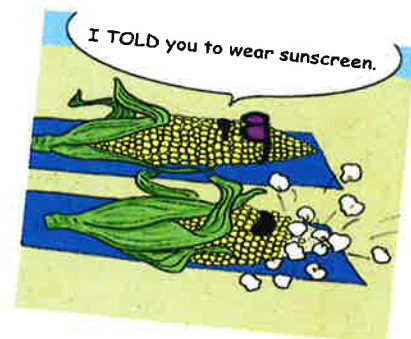
Sunscreen and insect repellent are very important this time of year. Make sure your tween/teen applies a broad spectrum sunscreen with SPF 15 or greater on any of their skin that is not covered by clothing, being careful to avoid the eye area. Encourage your child to protect their eyes with a wide brim hat or UV protection sunglasses. It is just as important to protect your tween/teen's skin from bug bites. The American Academy of Pediatrics suggests using an insect repellent containing deet. Apply following the instructions on the bottle. The CDC does not agree with products containing sunscreen and insect repellent combinations. So, apply sunscreen first, then wait a few minutes and apply the insect repellent.

Talking to your family about **water safety** is a must during the summer months. As the days become warmer and longer, children of all ages often become more drawn to playing around water sources. Tweens/teens need to be aware of the dangers of lakes and rivers, and not go near them unless they have adult supervision. It is also important to talk about pool safety and have a rule that nobody swims alone, and no diving unless it is allowed by an adult. It is important that adults become CPR certified, as this could save someone's life.

The summer is a wonderful time for your family to get outdoors and become more active. Being attentive and knowledgeable about how to protect your family from the dangers of this season will allow you and your family to maintain optimal health and wellness.

On Behalf of your Dupont Clinic. We wish everyone a wonderful summer break!

-Nurse Kendra and Nurse Nancy





Nurse Notes



End of this School Year Medication pick up

If your child has any medication (Inhaler, Epi Pen, Tylenol, daily medication, etc.), please come to the school the week of June 18, 2018 from 7:15 am to 3:00 pm to pick up your student's medication. All medication must be picked up **no later than June 22, 2018** by 10:30 AM.

Please call 594-1881 Ext. 1109 or 1110 with any questions

Looking Forward to the 2018/2019 School Year

*Please be sure your student has an **updated physical** turned into the Dupont clinic. Also please be sure your child is up to date with all **immunizations**.

* Be aware that **state mandated screenings** scoliosis (6th, 7th and 8th grade) *hearing and vision* (8th grade), and *height and weight* (7th grade), will be beginning in the fall. *SBIRT* screening will also be occurring for 7th grade —more information will be sent home in the fall. If you have any questions or concerns regarding these screenings, please contact the clinic

*All **medications** for the 2018/2019 school year will require a *doctor's order, parent permission form* (both can be found on the District website), along with *medication* that needs to be brought in by the parent (students are not allowed to carry medication in to the school).



Summer 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
27	28	29	30	31	1	2	
	8 TH GRADE OUTDOOR ED	5 th grade Step Up Day June 5 th and 6 th	7 th Grade CTE Field Trip 8 TH GRADE OUTDOOR ED	TALENT SHOW	Hearts of the Month Students of the Month Breakfast		
3	4	5 th Grade Step Up Day	5 th Grade Step Up BBQ	7	6 th Grade	9	
		Eighth Grade Washington DC Trip 6/5-6/8					
10	11	12	13	14	15	16	
DUPONT CHEERLEADING	7 th Grade TechnoFair @ CCHS	CHS & CCHS Step Up Night	"For Jake's Sake"	8 th Grade Semi-Formal 6:00-9:00			
	2018-2019 Parent Meeting 6:00 Auditorium						
	3 rd Annual REACH Exhibit Dupont Gym - 6:00	Six Flags 8 th Grade	WALK for Autism				
	TEACHER VS STUDENT BASKETBALL		8 th Grade BBQ and Awards Assembly		Last Day of School		
	Charity Game - 6:00 3 canned goods or \$3 donation to Lorraine's						
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
	Have a Great Vacation!!!						

NJHS Field Trip
June 11

DuPont Middle School

JUNE 2018

CHICOPEE MIDDLE / HIGH SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	28	29	30	31	1
					Big Daddy's Pizza Caesar Salad w/ Romaine, Croutons, and Parmesan Strawberry Cup Assorted Fruit
Soup & Sandwich Deli Melt Chicken Noodle Soup Steamed Broccoli Sliced Peaches Assorted Cup Cakes Assorted Fruit	Spaghetti & Meat Sauce Garlic Knot Cucumber Slices w/ Dip Fruit Sherbet Assorted Fruit	BBQ Pulled Pork Sandwich Oven Fries Baked Beans FF Apple Cider Assorted Fruit	Chicken Burrito Bowl w/ Pulled Chicken, Rice, Guacamole, Beans, Shredded Lettuce, & Tomato Yucca Fries Orange Slices Assorted Fruit	Wild Mike's Cheese Bites Rainbow Salad w/ Spinach Petite Banana Assorted Fruit	
	4	5	6	7	8
Cook's Choice	11	12	13	14	15
	BBQ Chicken Flatbread Celery & Carrot Sticks w/ Dip Three Bean Salad FF Apple Sauce Assorted Fruit	Bacon Cheeseburger FF Patty on a Whole Wheat Bun w/ Bacon and Cheese Onion Rings FF Garlic Roasted Asparagus Cherry Sidekick Assorted Fruit	Chicopee Chicken Bowl w/ Tempura Chicken, Corn & Mashed Potatoes FF Strawberry Shortcake Assorted Fruit	Stuffed Crust Pizza Garden Salad w/ Tomato, Cucumber, Chickpeas & FF Lettuce FF Yogurt Parfait w/ Granola and Local Strawberries Assorted Fruit	
	18	19	20	21	22
Cook's Choice	Stuffed Shells w/ Meat Sauce Caesar Salad FF Yogurt Parfait Assorted Fruit	Chicken Club Wrap W/ Tomato & FF Lettuce Tortellini Pesto FF Carrot Sticks w/ Dip Apple Crisp Assorted Fruit	Beef Tacos W/ Shredded Lettuce, Tomato Cheese, & Sour Cream Black Beans Corn Niblets Jalapeño Poppers Chocolate Pudding w/ FF Milk Assorted Fruit	Ham & Cheese Sandwich Snack Pack Carrots Craisins Assorted Fruit	LAST DAY OF SCHOOL! Have a great summer vacation!



Kids eat **FREE MEALS** this summer starting June 25th until August 24th, 2018. There will be a Kick-Off event at Sarah Jane Park on June 28th. Meals will be served at the following locations from approximately 11:00 am – 1:00 pm Monday – Friday: Cabot Manor, Chicopee High School, Dana Park, Lincoln Grove Park, Ray Ash Park, Rivers Park, Sarah Jane Park, Senecal Meeting House, Szot Park, and Wisniewski Park. For more information call the Valley Opportunity Council at 413-552-1545 ext. 406.

Harvest of the Month:
STRAWBERRIES



Strawberry plants are perennials, meaning they grow back every year, but they produce the sweetest fruit in their first few years of growth.

Eat ChicopeeFRESH!

Support your health & the local economy by choosing farm fresh options on the menu. Just look for the "FF" symbol!

Follow our Farm to School Movement at www.chicopeefresh.com or on Instagram & Facebook @ChicopeeFRESH

Local Vendor Spotlight



Joe Czajkowski Farms – Hadley, MA
Nothing beats freshly picked local strawberries!

USDA is an equal opportunity provider and employer. Menus may contain allergens.
Menus subject to change.

To view our menus online:
<http://chicopeeps.nutrislice.com/>